

Tertiary Wellbeing Aotearoa New Zealand

Executive: Craig Waterworth,
Anna Tonks, Keriata Stewart, Hannah
Molloy, Catherine Jeffries, Anna Thorpe,
Jude West, Tuihana Ohia, Kylie Ryan
and Tessa Burgess





Structure of Talk

- Development of TWANZ
- Okanagan Charter
- Academic Publication
- Translation Report
- Q&A



Tertiary Institutions and Wellbeing

“Higher education institutions have great potential to positively influence their campus communities, geographical communities and global community at large. This can be through creating healthy working, learning and living environments; increasing the profile of wellbeing and public health issues within teaching and research; and developing partnerships and leadership opportunities within and outside campus.”

(Thorpe & Collie, 2016)

Establishing and Developing TWANZ

- 2014
 - Established the Wellington Tertiary Health Promotion Group
- 2015
 - Draft Tertiary Health Promotion Framework released
 - National consultation hui
 - Okanagan Charter
 - TWANZ executive formally established
- 2016
 - TWANZ national network and website launched





What is Happening Now

- Building a strong, diverse national network
- Development of the website; www.twanz.ac.nz
- Quarterly newsletter
- Representatives on the International Charter Activation and Network Building Group
- Publications in progress:
 - Academic Paper: Applying the Okanagan Charter in Aotearoa New Zealand (submitted manuscript)
 - TWANZ Translation Report: How does the Okanagan Charter translate into practice within Aotearoa New Zealand?
- Capturing case studies for the website
- Tertiary Wellbeing Symposium and South Island Tertiary Forum

www.TWANZ.ac.nz



"Dedicated to creating resilient, thriving, healthy students and staff in tertiary institutions across Aotearoa New Zealand"

Okanagan Charter



OKANAGAN CHARTER
AN INTERNATIONAL CHARTER
FOR HEALTH PROMOTING
UNIVERSITIES & COLLEGES

An outcome of the 2015 International Conference on Health
Promoting Universities and Colleges / VII International Congress

Kelowna, British Columbia, Canada

Transformative Vision for Health Promoting Universities and College

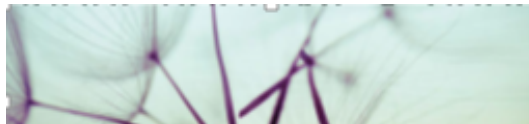


Health promoting universities and colleges transform the health and sustainability of our current and future societies, strengthen communities and contribute to the well-being of people, places and the planet.



Key Principles for Action

1. Whole settings
2. Campus-wide
3. Participatory approaches (& students)
4. Collaborations & partnerships
5. Research, innovation & evidence-informed action
6. Build on strengths
7. Indigenous contexts & priorities
8. Act on universal right to health



Okanagan Charter: 2 Calls to Action

1. Embed health into all aspects of campus culture, across the administration, operations and academic mandates.
2. Lead health promotion action and collaboration locally and globally.



Embed into Campus Culture

- 1.1 Embed health in all campus policies
- 1.2 Create supportive campus environments
- 1.3 Generate thriving communities and a culture of wellbeing
- 1.4 Support personal development
- 1.5 Create or reorient campus services



Lead health promotion action & collaboration



- 2.1 Integrate health, wellbeing and sustainability in multiple disciplines to develop change agents
- 2.2 Advance research, teaching and training for health promotion knowledge and action
- 2.3 Lead and partner towards local and global action for health promotion





Higher education has a unique role



to lead and collaborate on
health, wellbeing and sustainability

Journal Article

- Waterworth and Thorpe (2017)
- Translation document; Practice focus
- Academic article; Theory focus
- We'll do a newsletter link



Journal Article

- Connect NZ approaches such as>
 - *Tiriti O Waitangi
 - *Te Whare Tapa Whā
 - *Te Pae Mahutonga
 - *Fonofale Model
 - *Winning Ways to Wellbeing
 - *The HPF Health Promotion Competencies
 - *The PHA Code of Ethical Principles for Public Health



Journal article

Call to Action 1: Embed health into all aspects of campus culture, across the administration, operations and academic mandates

1.1 Campus policies

Tiriti O Waitangi in policies
Health in All Policies
Develop & review policies
Student & staff voices
Wider policy connections

1.2 Supportive environments

Built
Natural
Social
Economic
Cultural
Academic
Organisational
Learning



1.3 Culture of wellbeing

Strengths focus
Ethic of care
Social connections
Healthy lifestyle
Positive psychology action
Resilience development
Evaluation & evidence base

1.4 Personal development

Te Whare Tapa Whā
Health services
Study support
Programmes & initiatives
Clubs & groups
Peer mentoring
Brain development training
Website development

1.5 Reorient services

Public Health Association Ethics
Increase access for all
Tackle discrimination
Actively reduce inequalities
Salutogenic over pathogenic

Journal article

Call to Action 2: Lead health promotion action and collaboration locally and globally

2.1 Multidisciplinary change agents

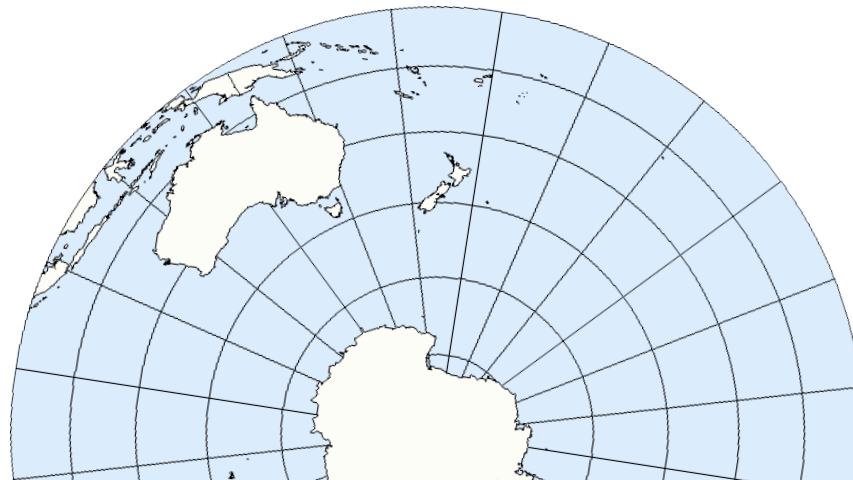
- Identify change agents
- Wellbeing Committee
- Healthy campus network
- Wellbeing Coordinator
- Develop strategy and work plans
- Trans-disciplinary focus

2.2 Advance knowledge

- Health Promotion Forum competencies
- Embed health, wellbeing & sustainability in curriculum
- Review evidence
- Action / Living Lab research methods
- Māori & Pacific centres
- Personal development plans
- Practicums & scholarships
- Pedagogical practices

2.3 Local & global collaborations

- Relationships with Māori
- TWANZ membership
- Networking & sharing best practice
- Victoria Wellbeing Symposium
- South Island Tertiary Forum
- Local, regional & global collaborations & partnerships
- Industry partnerships





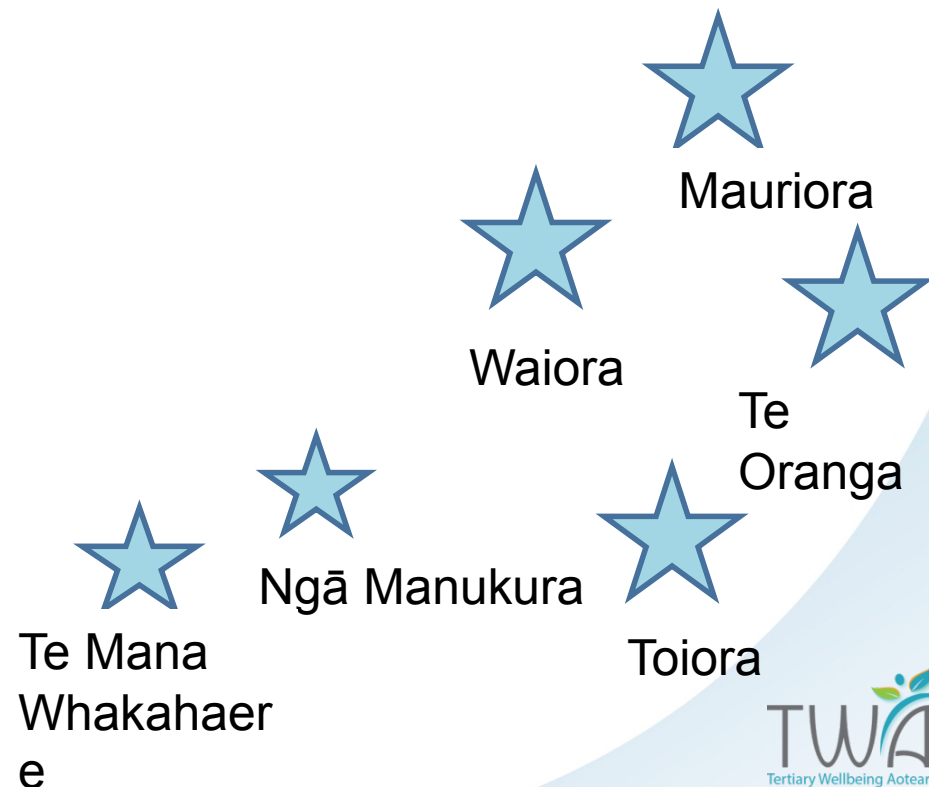
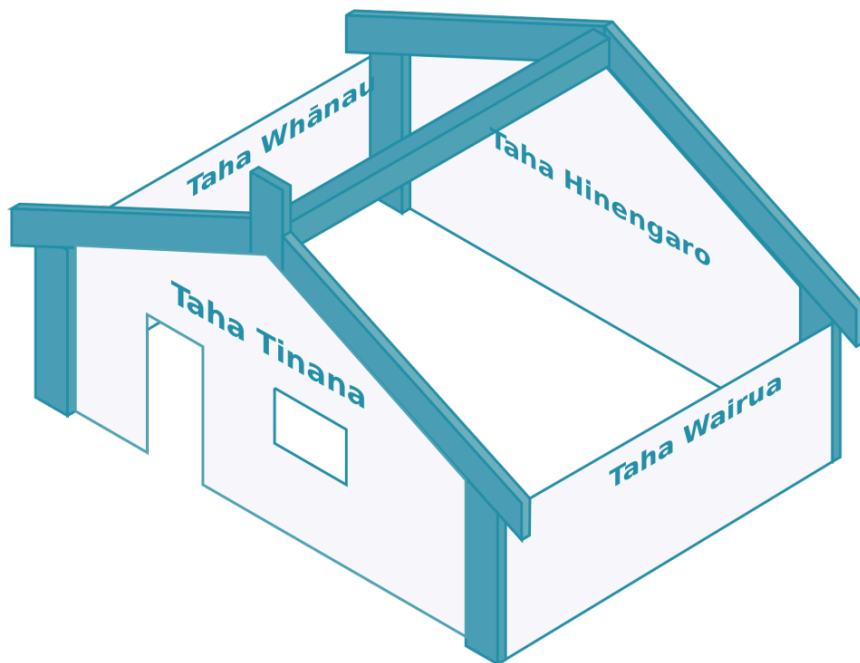
TWANZ

Translation Report

- Health promotion & positive change
- Integrate wellbeing into initiatives, policies & teaching practices
- Practical, focused, sustainable actions for change
- Aligns with international work

Activating the Okanagan Charter in Aotearoa, NZ

- Te Whare Tapa Whā & Te Pae Mahutonga as an interpretive lens.





Structure

1. Okanagan Charter overview
2. Te Pae Mahutonga and Te Whare Tapa Whā as key models in Aotearoa
3. The 8 action points of the Charter organised around:
 - a) Aspirations for action
 - b) How success might be measured
 - c) Examples
 - d) Guiding questions
4. References and Resources



Consultation

- Two waves of consultation
- Encourage engagement
- Release – early next year





TWANZ Going Forward

- Join the TWANZ network
- Engage with the website
- Make use of & add to the resources
- Continue conversations



Ongoing collaboration



Questions

www.twanz.ac.nz

twanznetwork@gmail.com